

**First Year Bachelor of Occupational Therapy Regular/Supplementary  
Examinations September 2024**

**Introduction to Occupational Therapy and Therapeutic Activities  
(2020 Scheme)**

**Time: 3 Hours**

**Total Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Essay**

**(2x20=40)**

1. Discuss the key personalities contributed to the development of occupational therapy internationally.
2. Explain the principles and procedure to evaluate manual muscle strength.

**Short Essays**

**(8x5=40)**

3. Discuss the therapeutic qualities of occupation.
4. Discuss the scope of occupational therapy for clients with mental health issues in an acute hospital setting.
5. Discuss how an occupational therapist can collaborate with physiotherapist in a rehabilitation center.
6. Explain the principles of therapeutic exercises.
7. Explain the methods of evaluating Instrumental Activities of Daily Living (IADL).
8. Describe the types of stitches in 'tailoring' and mention TWO therapeutic uses of tailoring activity.
9. Describe the method of assessing hand functions.
10. Draw a labelled diagram of 'palmar pocket aid' and mention the uses of it.

**Short Notes**

**(10x2=20)**

11. Define 'rehabilitation'.
12. List FOUR uses of 'picnic' as a therapeutic medium.
13. Mention FOUR contraindications for 'block printing' activity.
14. List the various areas of occupational therapy practice settings.
15. Define 'gradation'. Mention ONE example for the same.
16. List the components of functional mobility.
17. List the motor skills required for 'macrame' activity.
18. Mention the occupational therapy code of ethics.
19. List FOUR examples for isotonic contraction.
20. Mention TWO adaptations for 'mat weaving' activity.

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